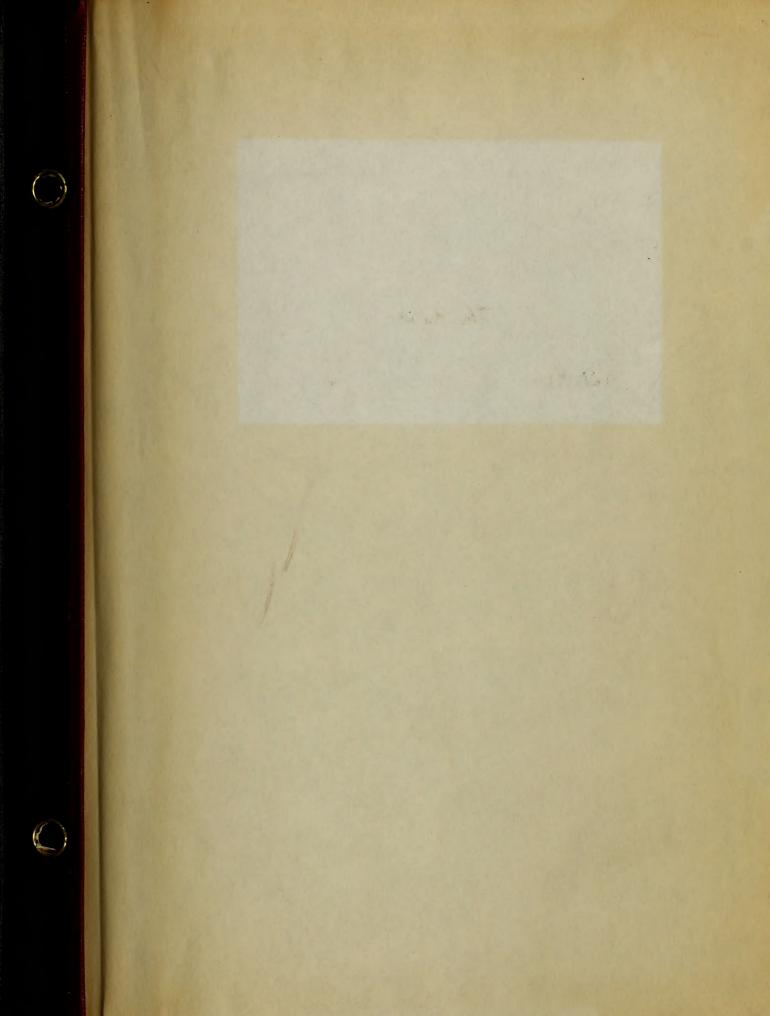


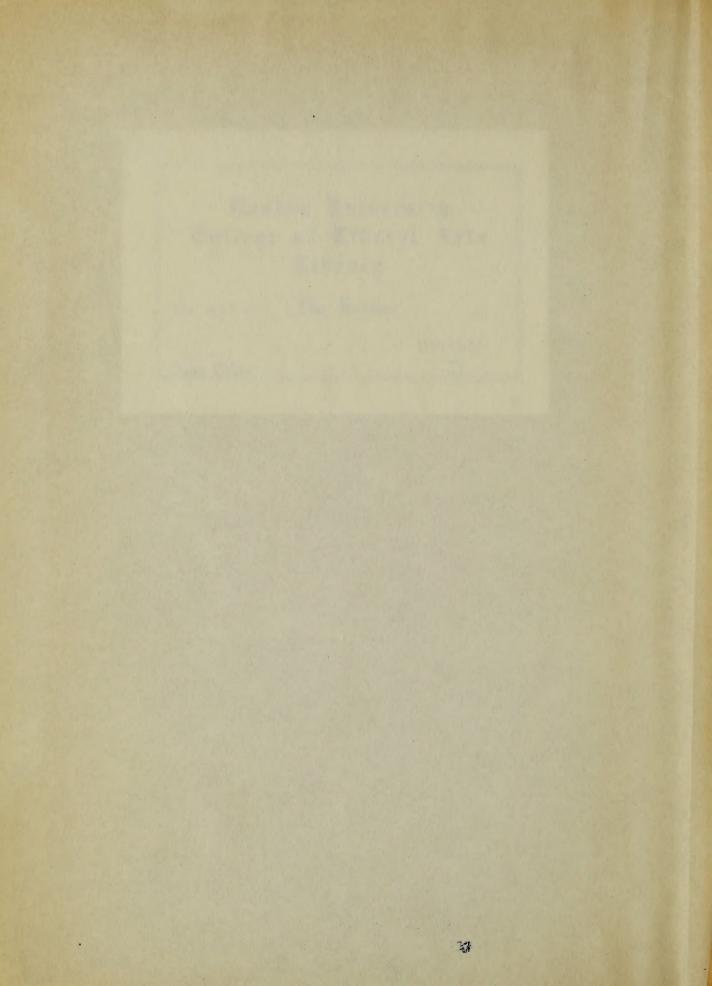
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BOSTON UNIVERSITY

GRADUATE SCHOOL

Thesis

GUIDANCE IN COLLEGES AND UNIVERSITIES

Submitted by

Constance Frances MacCarthy

(A.B., Wellesley, 1929)

In partial fulfilment of requirements for the degree of Master of Arts 1 9 3 0

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GUIDANCE IN COLLEGES AND UNIVERSITIES

INTRODUCTION

General Need for Guidance.

Back in the glamorous days of the Middle Ages, when good King Arthur and his Knights of the Round Table flaunted their brightly colored emblems in the jousting lists, or paid worshipful homage to the fair ladies whose tokens they wore into battle, a youth became a knight, a scullion in a knight's kitchen, a minstrel, or a cobbler, through little choice of his own, his career being determined primarily by the class of society to which he belonged. If a boy's father was a noble and a knight, the boy too became a knight, and was given a training in all branches of courtesy and warfare. If, on the other hand, a youth belonged to the lower class of society, his work consisted in doing unquestioningly the bidding of the nobleman. He was forced to choose one of the limited number of tasks in connection with the running of his squire's estate, either the duty which his father before him

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had had, or one which, though it pleased him but little,
seemed a trifle nearer to his working ideal. Knights, so
Mallory's Le Morte D'Arthur quaintly tells us, were sometimes
"replenished" with visions such as that of the Holy Grail,
and "avowing the enquest of the same," were aided with suggestions of a life career. But no such Divine interventions
seem to have been vouchsafed to the common people.1

Moving rapidly down through the ages we find that the number of vocations increases with the years, yet, even in the time of Benjamin Franklin is still comparatively small. In his Autobiography Franklin writes, "My father sometimes took me to work with him to see joiners, brick-layers, burners and braziers at their work, that he might observe my inclination, and endeavor to fix it on some trade or other." This shows that in the eighteenth century vocational guidance consisted simply in an observation of the existing trades, the father pointing out to his son the opportunities in the occupations observed, and helping the boy to select his work.

At present, however, the choice of an occupation and guidance in choosing one, are not such easy matters. Youths today are gifted with none of the legendary visions which guided the life-work of the knights of the Middle Ages. It is as impossible for a father of the twentieth century to describe intelligently for his son the eighty-three occupations

^{1.} Boas and Hahn, Social Backgrounds of English Literature Pp26-43

^{2.} Franklin, Autobiography, quoted from Cohen, "Principles and Practice of Vocational Guidance." Page 176.

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existing today as it is for the boy to observe each one of them. I Finally, we are rapidly discarding the idea that a son or daughter should follow their parents occupations, simply because their fathers and mothers chose those particular types of work.

From this brief summary of the general need for guidance, it may readily be seen that there should be some kind of formal recognition of the importance of the life career motive in all schools and institutions where young people are being trained. Particularly is this true of the colleges and universities, the majority of whose members have reached the last rung of the educational ladder. Their next step in will take them on to the occupational ridgepole, and whether they will walk the pole with success, or, falling, slide down on one side, into a teaching position, the most natural sequel to academic study, or, on the other side, into a blind alley job which affords them weekly pay, but little joy in their work, and no opportunity of advancement, will depend in great part upon the guidance opportunities offered by the colleges.

whether vocational education is ever to become an essential feature of the college curriculum will remain a doubtful issue as long as vocational studies are considered an encroachment on cultural values. There are, however, many influences within the college, such as courses taken,

^{1.} Brewer -- Recent Progress in the Problems of Vocational Guidance, School and Society, Jan,, 1926, P. 62.

enterly foldy as it is for the boy to observe ends one of the that a state of an enterly dispersing the life that a son or executer another tollow their parents' compations, and their parents once their parents of the tollow their retrors and colours choose these particular types of work.

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part-time work, and social contacts, which help to determine vocational choices. Since these influences exist, the college if it is to fit men and women to serve society by success in life, must keep continually in the foreground the facts that "Education is essential to occupation," that vocational interests are primary in so far as they depend to a certain degree upon the academic side of college life, and that these interests must be directed in the right path by an adequate system of guidance.

A guidance system, involving as it does "the linking of self-knowledge with knowledge of the outside world so as to find one's place in it cannot be developed by a few lectures or personal interviews. It is a matter for careful thought and study."

Much has been done in college guidance, but there is still a great deal to be accomplished. After a presentation of the definition and aims of guidance the purpose of this thesis will be the pointing out of specific guidance needs peculiar to colleges, a discussion of the ways in which these needs are being met by showing what is now being done in outstanding colleges and universities, and the suggestion of possible ideals for an improved guidance plan.

^{1.} Bayer, Vocational Problems of the College Student, School and Society, Aug., 1929, Page 203

^{2.} Ibid., Page 203

^{3.} Woodbridge.

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DISCUSSION

Part I

Definitions of Guidance.

In her concrete and interesting study of "Guidance in Colleges for Women," Mabelle B. Blake defines guidance as "Assisting students to make progress in their educational and vocational careers." In this general definition it will be noted that guidance functions in two fields, that of education and that of vocation. Because of this double activity it has been divided by many authorities into two parts, educational guidance and vocational guidance. A clear understanding of the meaning of each of these terms is essential to a comprehension of any college guidance plan.

Perhaps the clearest and most concise definitions are those of Professor John M. Brewer of Harvard. "Vocational Guidance," Dr. Brewer says, "is concerned with helping persons to choose, prepare for, enter into, and make progress in occupations." Following the definition are named some activities which may be considered examples of vocational guidance, such as giving information about commerce and industry, in order to help in the choice of an occupation, giving an opportunity to discover talents with vocational choice in mind, advising students to enter this or that school

^{1.} Blake, Guidance in College for Women. P.3.

^{2.} Brewer, Quoted in Blake, "Guidance in College for Women,"
P.155.

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^{1.} States, middence in College for Morral. F.J.

for the purpose of discovering their talents or preparing for an occupation, advising in regard to promotion or change of job, supervising the entrance into or progress in a particular position or chosen occupation.

Educational guidance Professor Brewer defines as "Assisting persons, either through classifying them into appropriate groups, or by individual or group conferences, in making progress in their educational careers." Such problems as methods of study, choice of studies and curriculums, and choice of schools and colleges, are given as examples of this type of guidance.

From these two definitions it may readily be seen that, although the guidance field is divided into two parts for the convenience of designationg the activities involved in each, for actual, useful functioning, vocational and educational guidance are inseparable and highly interdependent. Vocational guidance is necessary in helping a student to choose the career which he wishes to follow, yet, without consequent educational guidance, with its suggestions as to methods of preparing for the career. kinds of study to pursue, etc., little actual progress could be made. On the other hand, educational guidance with its program of study methods and choice of subjects, would be equally worthless unless the student's schedule were chosen with some definite aim. In their activity of helping persons to choose schools and colleges which will prepare them for life-work. vocational and educational guidance actually overlap. This shows the close connection between the two.

^{1.} Brewer, quoted in Blake, "Guidance in College for Women,"
Page 155.

^{2.} Op. cit., Page 154.

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^{1.} Bivers, quoted in store, "Guidance in Solloge for source, see alle.

From these definitions and discussions it will be seen that any adequate system of college guidance must be one in which the educational and the vocational phases are jointly emphasized and developed.

GENERAL AIMS OF GUIDANCE.

The degree of development which guidance attains in any institution depends in great part upon the closeness with which the general aims of guidance are adhered to. definition Dr. Brewer says that vocational guidance should "assist individuals in choosing, preparing for, entering upon and making progress in occupations." This is, perhaps, the most important and comprehensive guidance ideal. however, several others listed by Dr. Brewer which verify and enrich this aim . -- (1) The giving of "knowledge of the common occupations and problems of the occupational world, so that students may be prepared for occupational as well as political citizenship; (2) The helping of the worker to understand his relationship to workers in his own and other occupations, and to society as a whole, (3) The securing of better co-operation between the school and the various industrial, commercial, and professional pursuits; (4) Helping in the adaptation of the schools to the needs of the students and the community."

Summing up the contents of these aims we see that, in general, guidance has two main ideals and problems. The first

^{1.} Brewer, Case Studies in Educational and Vocational Guidance,

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of these ideals is that of the wellbeing of the individual and involves the problem of individual development, i.e. how to guide the individual so that he may make his life as full, as real and as satisfactory as possible. The second ideal is the ideal of service to society, and contains the problem of the stimulation of the individual to render to society the utmost service of which he is capable. I

The ultimate end, then, of a satisfactory program of guidance will be the development "of the powers of the individual so that he may realize to the fullest extent the possibilities of his life."2

PART II

THE NEED FOR GUIDANCE PECULIAR TO COLLEGES.

That the college individual may be helped to reach his fullest development, it is necessary to gain a clear understanding of the specific guidance needs which are apparent in the college.

Perhaps the first and greatest of these needs arises from the lack of definite vocational purpose among college students. The President of Yale University recognizes the necessity of vocational aims and the need for guidance in his annual report of 1925,

"It is an extraordinary circumstance," he says, "that so large a portion of our students come up to the spring of their senior year with little or no plan for the future, with no decision as to the field of work which they will enter.

Hawes, Quoted in Blake, -- Guidance in College for Women, P.61 1. 2.

Hudelson, Problems of College Education, P. 233.

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and, frequently, with little or no knowledge of what opportunities are offered in the world of affairs to the college graduate. As the time goes on the day arrives when they simply must have a job, and so they jump at the first one which comes along, regardless of the likelihood that they will succeed in it. Now a certain amount of the rough and tumble at the outset of life is doubtless a good thing for many types of men, and it is certainly impossible by any device now available, to predict with confidence what calling any given individual will find satisfactory, and in what one he will succeed. Nevertheless, our present procedure in the matter is highly irrational and deserving of alteration."

This lack of vocational aim may be even more clearly illustrated by a specific example from a study of the University of Michigan made by Mr. W. S. Harris in 1929. In this report it is stated that only a little over a third of the freshman class had made a definite choice of vocation at the time of entrance, the chief reasons for lack of vocational choice being (1) lack of interest in making a selection; (2) great caution and hesitancy in choosing; (3) uncertainty between equally desirable vocations; (4) lack of information and guidance. The report also shows that twenty-nine per cent of the seniors changed their vocational preference during the college year, and attributes these changes to (1) discovery of some unpleasant feature in the first choice; (2) like or dislike of some subject of the curriculum.²

From these examples of the lack of vocational purpose among college students it may easily be seen that guidance is needed along vocational lines. When it is found that the examination of the life histories of a group of graduates from

of Michigan, Penn. State College Bulletin, May, 1921, P.21

^{1.} Report of President of Yale University, 1925, quoted in Myers, The Problem of Vocational Guidance, Page 281
2 Parker, Vocational Counsel and Placement at the University

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one of the best colleges of the country shows that it has taken on the average about ten years for them to find themselves, it is evident that unless some system of guidance is provided there will be great losses of time and money put into education, loss of opportunity and earnings which come to an individual who has been wrongly guided and, finally, a great loss to society.1

The second important need for a guidance program in colleges is due to the lack of a sufficient number of capable advisors for the students. Before guidance work appeared in universities the members of the faculty acted as advisors.

Now, however, other counsellors are needed. In his book on "The Orientation of College Freshmen," Dr. Henry I. Doermann says,

"The principal cause of the breakdown of the faculty advisory system is now clearly seen to have been the inability of the average faculty mamber to perform the duties of a counsellor, particularly when under a teaching load. Skill in advising students is not a by-product of scholarship or teaching. It is, however, a skill necessary in college life."

Summing up this quotation, we find that faculty advisors are disappearing because of the large numbers of students to be counselled, and the increasingly scientific methods of guidance. This need for trained advisors must, however, be met in some way, in order that a co-operative relationship between a counsellor and the student may be established at the beginning of the college course. Only

^{1.} Pierce, Deans and Advisors of Women and Girls, P. 207

^{2.} Doermann, The Orientation of College Freshmen, P. 253.

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1. Starte, Deens and Advisors of Somes and Cirls, 1. 237
2. Boston, The Outentetion of College Strainers, F. 253.

through such an understanding can the past history of the student be learned and used for his present development.

"Every student," Dr. Doermann writes, later in his book, "should know that there is some one person in the college community who knows him, and to whom he is free to go whenever he wants to talk about things in general, or things in particular, especially when he wants advice.

What he wants is a friend who knows the game."2

Cannot some plan of guidance offer such a friend to the student?

Once college life was comparatively simple, having a limited range of exclusively cultural studies, a fixed schedule of work and relaxation, a small number of students and correspondingly few student problems. Today, with its wide choice of subjects, many extra-curriculum activities. and large number of students, with their social, ethical and financial problems, it presents a maze of interests and complexities, which are often overwhelming to college young A few of the problems taken from case studies mentioned in Mabelle B. Blake's "Guidance in College for Woman" will perhaps be the clearest possible illustrations of the need for a guidance plan which will kelp the student to keep his bearing in the distracting whirl of college life: (1) A student is failing because she does not know how to study; (2) a girl is failing because she is afraid to recite; (3) A student wants to go to college. Her parents will not give her the money for tuition because they do not wish her to go;

- 1. Blake, Guidance for College Women, P. 193
- 2. Doermann, The Orientation of College Freshman, P. 334.

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1. Blake, Suitance forcioties Monest P 191



(4) Abstudent fails in college because she is not properly clothed; (5) A girl cheats in her work; (6) A student is offered a good position in the middle of her college course and the question arises whether or not college should be discontinued.

Dr. W. H. Faunce, former president of Brown University, in a recent quotation in the Vocational Guidance Magazine, gives a sympathetic and urgent plea for guidance in these college perplexities.

"The American college," writes Dr. Faunce, "Drops or suspends or expels many students simply because of their maladjustments to the new environment. If such students could be helped out of their fears, worries, unhappy memories, or groundless forebodings, out of foolish egoism or inferiority complex, and be shown by a competent physician how to surmount financial strain, some illusion or religious doubt, most of them could become successful students in college, and useful citizens afterwards."2

The fourth and last great need for guidance in colleges is due to an increasing departmentalism, and an ever broadening curriculum. When students enter college they are met by a catalogue containing scores of courses and a group of specialists who teach these courses. Under such conditions the choice of a study schedule is difficult and confusing for any student, but particularly for freshmen to whom the requirements and methods of the university are new and strange. Here is a need for the close co-operation of the two fields of guidance, the task of vocational guidance being that of helping the student find the career which he wishes to follow, the task of educational counselling being that of helpin the student to choose and integrate his courses so that, having elected them with reference to his chosen

^{1.} Blake, -- Guidance for College for Women, Pp. 11-30
2. Faunce, -- "College Students," Vocational Guidance Magazine,
May, 1929, Page 189.

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vocation, he will see them as a whole. If such aid in election of courses was given to college students, many failures due to aimless and disinterested choice of subjects might be prevented.

It has been noted in the foregoing paragraphs that the outstanding reasons for the need of guidance in colleges are, lack of definite vocational purpose among the students, the failure of the faculty advisory system to function in counselling, the complexity of college life, and a growing departmentalism and broadening curriculum. To show the various methods by which these needs are being met is the aim of the following development of the thesis.

AIMS OF COLLEGE GUIDANCE.

From the discussion of the general aims of guidance in the introduction, it will be recalled that its two great ideals were, the well-being of the individual and his service to society. In college also these aims are primary. There are, however, certain purposes subsidiary to these which are peculiar to university guidance.

One of the first and most important of these aims is the right selection of students, its purpose being to admit only those individuals who can really profit by the college training. If those students are eliminated who are not properly qualified for the use of college facilities, much discouragement on the candilla of convert man given to college statements, they statement of converts and distinct colors of samplests at the color of samplests at other to statements of distinct colors of samplests at other to statements.

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part of the young people, and much loss of time and money put into education may be prevented.

If the student is really to be "fitted for participation in civic responsibilities and for happiness in life through personal resourcefulness," the next aim of the college must be to "take the entering students, the majority of whom have their minds crowded with facts useful for college entrance, examinations direct them into the field of work which will give them the fullest expression of their individuality, and help them to investigate independently, to think logically, and to weigh facts purposefully." Only in this way will they be able to arrive at right conclusions on matters of life concern. 1

A third aim of college guidance is to train the individual in the right use of leisure. If recreation and play are under proper guidance "they can be two of the strongest factors in developing the student mentally, socially and morally." Oytdoor sports and games give a sportsmanlike spirit and training in cooperation and self-control; reading, a knowledge of the world and broadened interests; dancing, good posture, poise, and co-ordination and rythm of movement; hiking, fine carriage, a full chest and a bright eye. Leisure time should be so guided in college that the hours away from academic work may be filled with enjoyable yet constructive activities.

3. Op. cit., P. VIII.

^{1.} Neilson, Introduction to Blake's "Guidance in College for Women." Page VIII.

^{2.} Blake, "Guidance in College for Women," P. 157

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Finally, college guidance should help the student to live cooperatively while in college and, after graduation, to test his ability to work well with others, by aiding him to find employment in a desired vocation. Whether or not the individual suucceeds in his chosen vocation determines the worth of college life, for the value of higher education is seen in the ability of a graduate to render serviceable acts in the community. 1

PRINCIPLES OF COLLEGE GUIDANCE.

Having formulated the aims toward which its work is to be directed, the personnel department of any university, must recognize certain basic principles of college guidance that are an essential foundation to a working program of counselling. These principles are, perhaps, expressed most clearly and concisely by Henry I. Doermann in "The Orientation of College Freshmen." The following simple list of principles are given by Dr. Doremann, without elaboration or discussion of single tenets: (1) "Every student must be regarded as a separate or distinct individual; (2) The college has the responsibility for the student as an individual, as well as for the group in which he finds himself; (3) The highest form of discipline is self discipline. The college should mold its plans so that the student shall as progressively and quickly as possible, assume responsibility for its own conduct; (4) Efficiency is not the primary reason for organizing guidance.

^{1.} Neilson, Introduction to Blake's "Guidance in College: for Women." P. VIII.

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Efficiency secured through paternalistic dominion is of doubtful permanency; (5) Students must make choices. Every time someone else makes a choice for him the student is deprived of an opportunity for self-development; (6) Students should be encouraged to seek advice; they should not have it thrust upon them; (7) The worst error of vocational guidance is to guide students into preconceived channels and toward inadequately considered goals; (8) The personnel service should look upon anti-social conduct as a clue through which the student may frequently be led to a better integration of his own personality; (9) Self-development and self-discipline require atmosphere and freedom. Education for life in a democratic community demands the same thing; (10) Guidance must be scientific; (11) The work of the personnel system must actually result in the better orientation of students."1

The aims and principles of college guidance having been noted, a brief discussion of each of the various types of guidance based upon them will be given in the following paragraphs dealing with the program of the personnel deartment.

PART III

THE PROGRAM OF THE PERSONNEL DEPARTMENT.

Pre-entrance Guidance and the Selection of Students.

Among the previously discussed aims of college guidance one of the first and most important was the selection of students

1. Doermann, The Orientation of College Freshmen, P. 117.

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1. Document, The Chilentellon of College President, F. 117.

who can really profit by what the college has to offer. In other words, the college wishes to select those young people who can do the job for which society has created the college to give training, and to allow other institutions, apprenticeships, or employments, to have those young people who can do their jobs."1

Such a choice of college students cannot be adequately accomplished without the co-ordination of the work of the High School from which the individual comes and from the college to which he intends to go. An individual study of each potential college student should begin in the secondary school. Such a study should be made by one carefully trained in the principles of guidance, and should be carried on inico-operation with the members of the faculty who come in contact with the student and with the parents. *2

The first question to be decided is whether the particular student in question should attempt to go to college, or whether he is better fitted for some other form of higher eduaction. The prediction of the success that a student is apt to make in college may be based upon the following criteria:

(1) The record of High School scholarship; (2) The results of psychological tests; (3) The interests of the student; (4) His activities and experiences during High School; (5) The advanced studies taken in High School; (6) Estimates by principals and teachers. The most important of these criteria will be discussed in the next few paragraphs.

3. Op. cit., Page 291.

^{1.} I. B. Johnston, The Prediction of Student Scholarship, from Problems of College Education, P. 242.

^{2.} Blake, Guidance in College for Women, P.101.

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^{1. /.} u. debooking The trediction of student debolarship, in the college of college Since time. P. 640.

In college entrance examinations there is a decided emphasis placed upon the student's ability to answer certain definite questions. Usually the questions are studied with little comprehension of the subject in relation to known facts or everyday living, but for the sole purpose of "getting through" the examinations. For this reason little opportunity is given to judge whether the student can do or think. From the student's marks in High School, therefore, and certain psychological tests that measure his interests and activities, can be determined most accurately his probable success in college.

One criteria for measuring student aptitude in advance is the success or failure in High School subjects which are of a similar nature to those studied in college. It may readily be seen that, if a student ranks well in advanced mathematics or science in High School, he is not apt to have difficulty with corresponding subjects in college. That those students who have taken and passed with credit Latin and other advanced subjects in High School, do well, and those who fail in them do poorly in college, has been proved by many college records. 2

It has also been discovered that the recommendations of High School principals are highly subjective and invalid, and should be considered the least important criteria of a student's ability.

3. Ibid., Page 236.

Blake, Guidance in College: for Women, Page 96.
 Johnston, The Prediction of Students Scholarship, in Problems of College Education, Page 235.

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For this reason two tests have been formulated for the prediction of college work which are entirely impersonal and objective, the resulting rank of the student being determined by arithmetical computations.

The first of these tests is a qualifying examination to determine academic ability alone, and is composed of questions dealing with the regular curricular studies. When the results of the tests have been discovered, the rank of the pupil as compared with his classmates is computed, for, the relative rank of a student in his class is a highly significant indication of his aptitude for study, and "the most valuable single measure for probable fitness for college work." The High School rank is then converted into a percentile rank so that students coming from classes of different sizes may be compared on the same basis. 1

the individual's desirable traits of character, physical force, ambition, zeal for study and social cultivation, is treated in a similar manner. The two percentile ranks are then averaged to secure a combined ratio, which serves as a basis for prediction.² "This method identifies in advance more than one half of those who are unable to do college work, and is so accurate that an error of less than one and one half percent may be regarded as negligible.³

^{1.} Johnston, The Prediction of Student Scholarship, from Problems of College Education, Page 230.

^{2.} Ibid., Page 230.
3. Johnston, Predicting College Success for the High School Senior. Vocational Guidance Magazine, April, 1928, Page 292.

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however, are not sufficient to predict a student's success or failure in college. If the investigation is to be really thorough, these examinations must be supplemented by personal interviews, for many failures in academic work have been found to be caused by character defects, not distinguishable in tests. There should be in secondary schools an expert trained in the art of understanding people, whose chief duty is to study every student as an individual and a social being. He should be trained in the art of diagnosing human personality, one who can send those who are personally qualified for a college training to college, and others into the fields best suited for their fullest development.

There should also be a trained person in the college, co-operating with the guide in the secondary school, who will compare experiences and tabulate the results, showing the correlation between the prediction of a student's college success and actual achievement. In this way he will help to determine the best method for selecting college material."1

Briefly summarizing, then, there are four significant elements entering into this process of selection, (1) the development of vocational and educational guidance in high schools to the highest possible efficiency; (2) the dissemination of students from the university, college and High School until the public is acquainted with the basis of selection in individual of

1. Blake, Guidance in College for Women, Page 192.

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facing facts in order to find his place; (3) the acceptance and use of the technical means of prediction and selection in guidance which are already at hand, and the extension of these measures by further research; (4) the development within the college, especially in the first two years, of an educational guidance program that will continue the process of selection.1

FRESHMAN GUIDANCE.

To the incoming freshman, college life is fascinating in the possibilities of the new adventures which it promises, yet baffling in its complexity and unfamiliar atmosphere. For this reason the college should do everything it can to help the student to become adjusted to his unusual surroundings, and, at the same time, to establish right habits from the beginning. In other words, "every freshman should have a clear idea of the meaning of college life, why he has come to college, and what he is seeking. This can only be accomplished by a carefully planned system of guidance."2

The two outstanding phases of freshman guidance are "Freshman Week" many of the activities of which extend throughout the year, and orientation classes.

There are two purposes for conducting the Freshman

Week program, (1) for the accomplishment of certain administra
tive ends; (2) for the orientation of students. The adminis
tration wishes to learn what it can about the social, educational

^{1.} Johnston, The Prediction of Student Scholarship, from Problems of College Education, Page 230.

^{2.} Blake, Guidance in College for Women, Page 132.

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and vocational interests and experiences of the students, that it may facilitate their entrance into appropriate classes and activities. Student orientation aims to give a freshman reception program consisting of lectures, conferences and entertainments which will help the student to adjust himself and to feel at home in the college.

An adequate program for freshman week as planned by Dr. Doermann in "The Orientation of College Freshmen" would include the following activities: (1) A "lecture performance" program. This series of talks contains discussions on such subjects as reading, note-taking, use of the library, and use of the personel service. Its purpose is to help the student to connect the theories of college duties and responsibilities with their practice.

- (2) A testing program, consisting of intelligence, standard reading and psychological test, achievement tests in English, mathematics and modern languages, and physical and medical examinations. The results of these tests are used for putting the student where he belongs in classes, and in helping him with his registration.
- (3) A program of lectures appropriate for freshman week. Among the subjects discussed might be, the purpose of freshman week, the freshman curriculum, the aims and purposes of the college, college duties and responsibilities, a college man's religion. The purpose of these lectures is to help the student better to understand and adjust himself in college life.

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- (4) MA recreational and social program, including games, Field Day exercises, evening entertainments, a stunt night, sponsered entirely by the freshman. This program, if properly carried out, will help to solve the problem of homesickness which always arises during the first week of college.
- (5) An individual counselling program. Each freshman is given an individual conference, either with a faculty member who is to be his adviser throughout his college course, or with some member of the personnel department. In this conference vocational plans are discussed and a course of studies suggested.

The orientation classes offered to freshmen may deal with three subjects: (1) college environments, (2) culture, and man's relation to his fellows and to the universe, (3) vocations.

The purpose of an orientation class in college environment are the adjustment of the student to his new surroundings, the training of the student to think for himself and to form right study habits; "the prevision of a course, which, by its very difference from high school courses shall convince the student of the seriousness of college work."2

Dr. Doermann suggests that such a course should be "put into the freshman year as a regular course on the immediate problems of the college students" He names the following subjects as possible topics for the course: how to study,

^{1.} Doermann, "The Orientation of College Freshman," P. 23. 2. Blake, "Guidance in College for Women," Page 134.

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^{1.} Josephane, "Industration of College Messhield," J. 13.

budgeting the student's time, mental health, student activities, student government, examinations, choosing a course of study, choosing a career, the relationship of a liberal education to a professional career, the intellectual interests outside of class.1

If orientation classes on college environment are to be successful, the director must have the help of faculty members and upper classmen. The professors and teachers will be able to determine whether or not the knowledge gained in the orientation class is put into practise in the classroom; the upper classmen, whether or not facts learned are applied to campus life. With this information concerning the practical results of the work, it should be possible to modify and improve these courses so that they will actually fulfill their purpose of adjusting the student to their unaccustomed life.

relation to the universe has four distinct aims, (1) to give the student a sound general conception of the nature of the world and men, (2) to survey the historical background of comtemporary civilization, (3) to give the student a stimulating and intelligent interest in the main human problems of the present day; (4) to afford an introductory survey of a considerable portion of the field of collegiate study."2

At the University of Minnesota may be found a good example of this type of orientation. The course begins with

^{1.} Doermann, "The Orientation of College Freshman." P. 252. 2. Blake, "Guidance in College for Women." Page 134.

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astronomy, followed by studies of the development of the earth looked at as the abode of man, biological evolution, including the origin of man; social origins and primitive social states; a very elementary treatment of psychology. Later, studies in geography, social science, economics, political science, education and art are introduced. This is a five hour course, running through the first and second quarter and a free elective in which any freshman may enroll. 1

Such a course should be made vital and coherent, only those men who are particularly interested in the objective being asked to comduct the classes. Usually the teaching is done by the recitation or discussion method. The students are given a syllabus containing a list of readings, the contents of which will be taken up in class. Talks are given at intervals by experts in the various fields of study presented, which gives the members of the class a chance to come in contact with the leading men of the faculty.

Since no system of general education can cover the whole field, these classes should be a great aid in acquainting the students with fields in which they cannot take courses. and in synthesizing the subject matter obtained in various departments.2

The third type of orientation classes or, those dealing with the study of vocations, are commonly known as

Johnston, "Student Orientation at Minnesota," from 1. Problems of College Education. Page 262.

Doermann, "The Orientation of College Freshmen." P. 254.

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dornation of College Education recommended to the college School of the College Education responses to the college of the coll

"occupation" or "vocational opportunity classes. The purpose of these classes is the consideration of the relationship between education and a life career, the problems which arise in the occupational world, and a comprehensive study of the field of vocational opportunities.

The plan of such a class usually included a survey of the opportunities and the requirements of the leading occupations, and an analysis, with the help of the teacher, of the interests and abilities of the students of the course, in order to help each individual to plan a program of studies which will facilitate later vocational progress.

The survey of vocational opportunities is carried on in two ways, (1) reading and discussion of various vocational topics and (2) the investigation by the student, through reading, visits and interviews, of three careers that are of particular interest to him. The occasional topics discussed often include such subjects as how to choose a vocation, the pseudo-psychological method of vocational choice, curricular and college activities as an aid in shoosing a vocation, and what to know about an occupation with its sub-topics, what the worker does, how to enter the occupation, personal requirements and preparations necessary, present status of occupation, conditions of work, opportunity for advancement and development, and the future of the occupation.1

^{1.} Cumliffe, -- "The Study of Occupations in the College."

Vocational Guidance Magazine, Jan., 1927, pp 153-157.

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At the end of the term the student must turn in his paper on the three occupations which interest him most. In this he is expected to point out why one of the three vocations is chosen in particular, how his present and future program of studies, extra-curricular activities and vacation employment prepare for this vocation, and, if the study shows a necessary change in his program, what this change would be.1

The analysis of the student in relation to his chosen vocation is done by intelligence tests, personal record forms, and the student's own ratings on a score card of the degree to which he possesses qualifies necessary to his chosen vocation.

The method of conducting occupation classes should be informal and subject to frequent changes arising from the interests and needs of the students. The members of the class should be given a hand in the choosing of topics for discussion and subjects for papers. Selected vocations may be discussed with the ramifications, elements in common with many vocations, and vocational psychology tests, questionaires and papers on vocational plans may be given. With this background of class discussion, reading and information already in the hands of the instructor, individual conferences on personal vocational problems should fellow.

Occupation classes are often one hour electives and given either in the freshman or sophomore year. They are taught by heads of departments, heads of professional schools or by persons directly representing the occupations.

1. Blake, "Guidance in College for Women." Page 142.

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consistency to the discrete or september one; they are taught by inside of goodselvest accounts or the consistency of the consi

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Such courses if well conducted should help the student to make vocational and educational choices wisely and with a unified purpose.

Occupation classes prepare specifically for vocational work, Properly grouped there are also present in the regular college curriculum many courses which will help to constitute a pre-professional training. A right coice of the major subject will always lead definitely toward vocations, and will, in itself, give a tryout as to the wisdom of the choice. For this reason the freshman should be carefully guided in making out his first year schedule, and the relation between educational courses and future training emphasized.

The major field may not be definitely decided upon until the sophomore year. Often there are certain required courses which must be taken during the first year in order that the student may obtain a well rounded liberal training before starting specialized study. Yet, if, during registration, each freshman is asked to fill out a card giving the probable major and employment objective, his advisor, with the help of this record, may be able to help the student complete his schedule with courses in flields allied to his chosen vocation.

Middlebury College has devised a special scheme for helping students to plan their programs so that they will include among others, courses which will be preparation for professional study, business or other line of work. A

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bulletin entitled "Programs for College Students" is published by the college, and sent to prospective students. The bulletin contains a brief statement regarding the requirement and opportunities of a number of the more important occupations entered by college graduates, and a possible program of study leading to each. The programs are not supposed to be technical courses of study, but suggested arrangements of courses offered in the curriculum for those looking forward to a particular occupation. These programs have been found to be of great value to the students in planning their course, and to the advisors who help them. 1

Professor John M. Brewer of Harvard, considers helping the student to select courses with regard to vocation, one of the four main divisions of guidance within the college. He says, "We should give the student the opportunity to try his powers against a varied curriculum which relates itself directly and rather definitely to many occupational activities in life."2

^{1.} Wiley, "Organizing the College of Liberal Arts for Vocational Guidance." News Bulletin, Bureau of Vocational Information, April 15, 1923, P. 6

^{2.} Brewer, "Recent Progress and Problems of Vocational Guidance," School and Society, Jan. 16, 1926, P. 53.

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COUNSELLING

Perhaps the most important guidance function within the college is counselling, for all the other phases of guidance are either in preparation for or the result of individual There are many student needs which cannot be satisfied simply by the impersonal methods of the college selective process, or the nechanical records of tests and College problems are vast in range, -- social, rating. physical, religious, mental, financial, vocational, and few can be adequately solved without a personal conference with some thoughtful advisor. All college students should be made to feel that there is someone in the college who knows them. and to whom they may go for friendly yet practical counsel. The advisors, on the other hand, should realize that they must be wise and kindly, giving all the help they can themselves. and telling the students where they may go to seek the other help they need.

Briefly stated the aims of counselling are (1) to study the individual student from the point of view of the various causes which have mede him what he is, and to give him the assistance necessary for removing the obstacles which interfere with his progress; (2) to bring about a friendly and co-operative personal relationship between the individual faculty members and other advisors, and the students.1

^{1. &}quot;A Program of Student Counselling," from "Problems of College Education," Page 266.

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In order to advise the student wisely in vocational or any other lines, the counsellor should have in his possession the results of an investigation of the individual's heredity, intelligence, race, nationality, environmental background, his interests and his whole personality. Social rank, ethical standards, opportunity for service and family life are important considerations. With the help of tests and records on these points, and the information available concerning the various vocations, the adviser should not find it difficult to make a fair analysis of the student's present status. He should be able to estimate the individual's abilities and disabilities, make a study of his personality as conditioned by environment and behavior, discover his occupational interests, and finally, give him useful suggestions as to the course to be followed.

After advice has been given and the student has left the office the counsellor may record the results of the interview in a Personal Record Folder, one of which is kept for each student. This folder, contains previous school records, health ratings, the complete college record, both scholastic and extra-curricular, and informal notes concerning the facts elicited, and suggestions made at each interview.

In order to adequately perform his duties of helping the student and furnishing a diagnosis of him for other officials of the college who may wish it, the counsellor must

^{1.} Paterson, "A Program of Student Counselling," from "Problems of College Education," P. 267.

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possess certain qualifications of age, education, experience and personality. He should be between twenty-five and fifty years of age. His education should include at least a Bachelor of Arts, but preferably a Master's degree, special courses in office methods, tests and measurements, modern educational ideals, industrial sociology, economics, individual differences, vocational counselling. Association for a time with experts in determining character and personality has been found profitable. A counsellor should have several years successful teaching experience at least, to which might well be added work in an employment office, and in making tests and measurements. Familiarity with a wide range of occupations secured by experience, visiting and research, is also essential to a counsellor's work.1

Perhaps the most important qualification of a counsellor, however, is that he have a personality which will arouse the admiration and respect of the students. Young people want sympathetic understanding, and an ability to satisfy their needs without injuring their pride. In other words, they expect in a counsellor an older friend in whom they can place absolute trust, one who can give them friendliness without partiality, good, unemotional, common-sense advise, and unhurried whole-hearted and thoughtful criticism. The counsellor must be able to arouse in the student a desire for help, instead of forcing advice upon him. He must be able to formulate for

^{1.} Pierce, "Deans and Advisers of Women and Girls," Pages 218-219.

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each individual a clear presentation of his problem which will enable the student to see the next step. He must see quickly the connection between the present difficulty and previous training, and have alertness in discovering the student's natural resourses. Briefly, the ideal counsellor must have ability to guide the student, but willingness to let each individual work out his own plan, and, in order to do this, he must have certain qualities of spiritual friendliness, such as tact, co-operation, frankness, patience and integrity, which will inspire the confidence and trust of the students.

It has been previously noted that one of the needs for guidance in colleges arises from the lack of advisers. Who is to act as student counsellor, now that the faculty advisor has been found inadequate because he lacks either time, training, or understanding, and the student advisor because of his immaturity of judgment? Two outstanding policies for the adminsitration of counselling have been adopted, (1) the centralizing of advising and all other branches of personnel work in one office under the direction of a personnel officer, who has the assistance of trained workers or volunteers from the faculty, who are really interested in counselling, (2) the centralizing of the work in the dean's office, with the dean as head counceller, aided by assistants or volunteers from the teachers.

Many advantages and objections have presented themselves in connection with this possible shifting of personnel work from the dean's office to a department organized for that

the same of the transfer and the agreement that the same and the state of t COLUMN TO THE PARTY OF THE PART and the temporary at the attended on the contract of the contract of the contract of THE COLUMN SECTION OF THE PROPERTY OF THE PROP the contraction of the contracti particular purpose. Dr. Doemann phrases these briefly and concisely in "The Orientation of College Freshman." The disadvantages of having the personnel work centralized in the dean's office are as follows: (1) Personnel work is a new type of service for the college. It is therefore entitled to a try-out of its own merits; (2) The dean's training usually does not qualify for the work; (3) The dean already has all the work he can handle without taking on more.

The advantages of having the dean as head of the personnel department are these: (1) Personnel work is a logical extension of the dean's work. Its objectives are the same.

(2) Personnel work requires close co-operation between all the groups in the college. The dean can bring this about. (3)

(3) There are already an abundance of administrative positions in a college. If possible it is better not to create a new one.

(4) If there are two positions there will be duplication of effort. (5) The sympathy of the students with the dean is new easier to get than that of the faculty with a department.

Often, in single organizations, the functions of the dean and head counsellor are combined. But whoever the head counsellor is, whether the dean or the personnel director, he should have full academic standing, enabling him to teach the course in occupations, if there is one. He should have the help of at least three assistants, and perhaps volunteers from the faculty. The direction of the college appointment bureau should be one of his duties.²

^{1.} Doermann, "The Orientation of College Freshmen," Pp. 116-120.
2. Ibid., Page 124.

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^{1.} Sourment, "The Orthotelion of College Treatmin," In. 11-180.

If any students are assigned to members of the faculty who are to act as their advisers, only those teachers who are really interested, both in the academic and general welfare of the individual, should be chosen. Often teachers and professors cannot advise on personal as well as academic matters, which is a great disadvantage. If a faculty member is an adequate counsellor, however, he has the advantage of seeing some of the many factors which play upon the student, and the importance of considering these factors for the individual's best development.

educational and vocational guidance, these may well be correlated with vocational advising. Often the best argument for discarding undesirable habits, social or moral, is a vocational one.

REGORDS, TESTS AND RATINGS.

Records, tests and ratings are some of the means of obtaining personal data to be used in counselling interviews and placement work, They are all useful devices in helping to obtain a more complete understanding of the individual student. In themselves, however, they are insufficient. An individual's I.Q. may be 110 according to intelligence tests, but this does not reveal the amount of practical commonsense he would display in an emergency. His grades in his last semester's record may have been poor, but the record does not

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note that he was ill for three weeks before the examinations.

He may rate poorly in the qualities named on a personal rating card, yet the list may not contain some of the fine qualities which he possesses.

and personality traits are mechanical and lack the element of human understanding, which is essential to an adequate interpretation of a student's character and abilities. They must, therefore, be combined with other indications of the student's status, gained from personal interviews, observations of classroom teachers and recommendations of High School principals and friends. Such considerations as individual difficulties, social environment, attitude toward family, selection of college mates, and attitude toward work and life, are important as background for test and record findings.

There are three purposes for keeping the records of college students. The first and direct purpose is that of guiding the individual so that he will make progress in personal development, adjustment to college and life activities, choice of friends, and attitude toward extra-curriculas interests. A second and indirect purpose is the furnishing of material for research. The third and final purpose consists in the adaptation of the student to a career, by showing him the degree in which he possesses the qualifications necessary for the occupation which interests him.1

^{1.} Blake, "Guidance in College for Women," Page 205.

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A complete record includes a great number of facts concerning the student. It should first contain reports concerning the individual previous to his coming to college. Such facts as his records in schools previously attended, his former social contacts, health, family life, and identifying information like name, date of birth and home address, would be included under this heading.

The academic record might follow. This would contain a statement of the courses selected with grades so arranged that the development of the student can easily be seen, faculty and student ratings of personality and other qualities, psychological tests and general intelligence, as shown by a test given at the entrance to college.

"Allied activities" constitute a third section of a student's record. Here may be found a statement of the individual's use of time in the classroom, in study, in athletics and leisure, his vocational preferences, and additional facts, such as his college disciplinary record, his employment record during college, his self-help and vacation activities, and special honors.

Many colleges endeavor to keep in touch with their members even after graduation. An alumni record usually contains reports of the student's first position, his subsequent history, and any characteristics which are especially significant or will help in research study.

^{1.} Blake, "Guidance in College for Women," Page 209.

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TESTS

It is necessary to give tests in order to find out the student's capacities, so that he may be wisely advised concerning the course to be followed. Many student difficulties are due to the fact that the individual has been assigned work in which he cannot reach the required scholastic attainment without exceeding either his physical, mental or social capacity.

For this reason, intelligence tests are often given to entering freshmen, sometimes as a basis for elimination, but more often for the prediction of a student's probable success in certain fields and courses.

to seniors a short time before graduation, in order "to obtain corroborative evidence of success in college, or to secure proof of an increase of mental alertness." The Army Ripha is the intelligence test used most widely by the colleges thus far. It is, however, not the best possible test for the purpose, as it is too easy to be used among the higher levels of intelligence. 2

In several institutions tests are given to freshmen as a partial basis for the division of the students into class sections. Such tests are usually called "placement" tests. At the University of Iowa tests are given in the following subjects: English training, English Aptitudes, mathematical training, mathematical aptitudes, French training, foreign language aptitude, chemical training, chemical aptitude.

^{1.,} Blake, "Guidance in College for Women," Page 199.

^{2.} Pierce; "Deans and Advisers of Women and Girls." Page 256.

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^{1.} Clare, "cultured in wollege for nomen," lage life.

Psychological tests are another group given to entering students in many colleges. The results of these tests are not used as a basis for elimination but rather as a basis for consultation and the understanding of problem cases. Psychological tests also used by the heads of various departments for testing the ability of certain students in their particular field.

Almost all the colleges which give tests at all, use them for assistance in vocational advising. There are three groups of tests which help to show the individual's adequacy for a chosen vocation, -- (1) tests for special aptitudes, such as Thorndike's score test which rates the amount of interest in law, medicine, biology, linguistics, mathematics, engineering, teaching and commerce, (2) special ability tests, like

Seashore's tests for musical ability, Macquarrie's test in mechanics, Thruston's in engineering, and Zyne's in scientific ability, (3) tests for personality traits, among which are Kent Rosanoff's test for psychopathic tendencies, Moore's test for agressiveness, Lande's for emotionality, and Bird's for a sense of humor.2

Great caution should always be exercised to prevent an unfair judgment of a student by relying too absolutely upon what a test is supposed to show. The results should always be supplemented by other information obtained from records, personal estimates and examinations. The purpose of tests is

^{1.} Blake, "Guidance in College for Women," Page 47.

^{2.} University Personnel Research, in Journal of Personnel Research, Nov. & Dec. 1925, Pages 266-7.

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^{1.} Diric, "Ruidemor in College for monen," Impe CV.
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not to deprive students of the education which is due them, but simply to help in choosing the type of courses from which the individual can best profit.

RATING SCALES

closely allied to the tests for personality traits are rating scales. These forms afford an opportunity for checking the characteristics of individuals, and are of great service as a basis for personal interviews, answering inquiries, and supplying information to instructors, deans and officers. There are four outstanding types of rating scales, -- (1) Blank forms sent to references of applicants, (2) ratings of individual students by the faculty, (3) senior rating scales used in placement, (4) student rating scales or self-analysis blanks.

The first type of rating scale, used in connection with applicants for admission to college, is a blank form sent to those persons whom the applicants name as references. It is also usually sent to the principal of the High School where the applicant was prepared. The ratings of the principals and references are considered with school records, and entrance examinations, in relation to the applicant's admission.

The rating scales used by the faculty are for the purpose of revealing the impression made by the students upon others, while they are doing their undergraduate work. With the aid of these scales the students may be directed in conquering their weaknesses and strengthening their positive characteristics. On these forms the teachers indicate, for any given year, their

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ratings on such qualities as personality, industry, judgment, and commonsense, reliability, initiative, co-operation and native ability.

The rating scales for seniors, simply consist in lists of ratable characteristics, which when checked according to an individual personality, give information which help the placement bureau give adequate recommendations for positions.

A few colleges have the student rate themselves on self-analysis blanks. These blanks help the individual to know himself, and the counsellor to learn the student's judgment of his own background, capabilities and personality. A complete self-analysis blank like that formulated by Dr. Jesse B. Davis, Professor of Education at Boston University, contains such main headings as (1) Inheritance and Early Environment, (2) Education and Talent, (3) Social and Vocational Experience, (4) Mental and Personal Characteristics, (5) Health and Physical Qualities. Under mental and personal characteristics are to be rated such qualities as accuracy, concentration, dependability, initiative, perserverence and thoroughness.²

It may easily be seen that such blanks, if carefully and thoughtfully filled out, give valuable information for use in all types of guidance. There exists, however, the possible danger that so much self-analysis will make the student too introspective. If students rating scales are used, they should be carefully supervised and interpreted by a person who

^{1.} Wiley, "Organizing the College of Liberal Arts for Vocational Guidance," News Bulletin, Bureau of

^{2.} Davis, "Vocational Information, April, 1923, Page 7.

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will be aware of the effect of self-rating on the individual.

It should also be remembered that much concerning a student's personality can be determined by the way in which he accomplishes the actual tasks which he is called upon to undertake, and that his "doings" should help a great deal in estimating his character.

PLACEMENT

The placement service should keep a complete record of each student so that whether the individual be a senior, a graduate, or one who has left college without completing his course, the bureau may attempt to find suitable work for him.

The record should include a brief history of the student while in college, his subsequent record as an alumnus, and a statement of the various steps which the service has taken in helping the student.

Often the placement bureau is under the direction of two officers, one, who has charge of temporary employment, such as summer and part time work, and second, who appoints alumni to positions. If possible it is well to have the same person who counsels, also take part in the placement work, but whether the work is done by one or two persons the two persons should be closely integrated, since counselling records are so essential to subsequent placing.1

The placement service should not limit itself to the teaching profession alone, but should include all types of

1. Blake, -- "Guidance in College for Women," Page 198.

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occupations open to college students. It should include not only permanent, but part-time and summer employment as well, and be ready to point out the value of the last two types as try-out experiences in vocations already chosen or considered.

TRY-OUT COURSES

Counselling and the assignment of temporary employment should be so closely united that try-out courses may be a step in preparation for the vocation finally chosen. Very few colleges have try-out courses. Those which do have them organize the work according to one of two plans (1) Alternating periods of school and work, (2) part-time employment whenever possible throughout the college course.

alternate, is used at Antioch. Here the periods of work and study are both five weeks long, and the students have real opportunities to try themselves out in different fields. While they are working the placement service observes how they handle various types of occupations, and members of the faculty who have had experience in industry and other economic life, hold interviews with each student. In these conferences the faculty tries in an informal way to get the individual's appraisal of himself, and also that of other faculty members. Sometimes these informal conferences last through more than a year before a decision is made as to which vocation is most suitable for the student.

^{1.} Blake, -- "Guidance in College for Women," Page 56.

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^{1.} History - " minimum on in Jolieges for wo en, rage 58.

The second try-out plan is carried out at Goucher College. Here part-time employment is attempted wherever possible throughout the course, and is selected so as to be of value for try-out purposes and vocational decisions. The try-outs are chiefly in the fields of store-work, social service, practice-teaching, and business.

Students who have skill in camp, club, recreational or other social work, may register with the Intercollegiate Community Service Association which is registered in the Appointment Bureau with the Chairman of the Department of Social Science acting as informal adviser. Those who are successful in such work may be recommended to social agencies of the city for nine hours of supervised family casework.

In store and business try-outs lists of individuals, interested in the work, are given to various managers, who offer the students part-time employment whenever possible.

The lists are, however, subject to the approval of the academic dean and the medical adviser. In store work, arrangement is made for the student to work in several different departments in order to make the try-out as educational as possible, and to eliminate routine.1

FOLLOW-UP AND ADJUSTMENT.

Whenever a student leaves college and enters an occupation there is a period of adjustment to his new work and

^{1.} Maverick, -- "The Vocational Guidance of College Students,"
Page 136.

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surroundings. By following up each individual for a year or two the college can greatly facilitate the progress of its members.

Even though the student has been a success in his first position, he will doubtless welcome suggestions as to the best methods of accomplishing his daily task, and preparing for those to come, and if, on the other hand, he has discovered that his first position is unfortunate, he should feel at liberty to appeal to the college for help in analyzing the difficulty, and making the necessary adjustments. In business positions, particularly, are such changes often necessary. Because all college men must apply for their jobs at the same time, the end of June, it is difficult for the employer to place them in the work best suited to their abilities. Often they have to take some temporary manual or clerical job which does not make them work hard enough to hold their interest. Disgust with their work and consequent discouragement are the results.

For this reason the college should try to work out some plan by which it may prevent as many future unadjustments as possible, and, at the same time, provide new and more suitable employment to those students, whose positions, despite careful placement, prove unfortunate. Several such plans have been adopted and have proved to be successful.

One large university has formulated a plan of cooperation between the university, the alumni and the Chamber of Commerce for the purpose of securing positions for graduates.

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tion between the university, the sixual and the Chember of downerse for the purpose of decuring positions for reductes,

This gives an excellent chance for the college on the one hand to learn of the preparation required for a business career, and for the business firms to get trained incividuals with a wide outlook on life.

At another state university the business men of the city have agreed to offer employment to the students of the business course during the summer. This plan helps to relate vocational work with studies taken during the term, and by acquainting the students more fully with the occupation, prevents later unadjustment.

In all cases in which the college attempts to readjust students who have found themselves in unsuitable positions, occasional reports from both the students and the employers concerning the progress of the individual, will greatly improve the follow-up work. Such reports will enable the adjustment service not only to keep in close touch with students and employers, but also to note its own progress in successful placement.

VOCATIONAL LIBRARY.

According to the governmental authorities in Washington there are ten thousand occupations in the United States which are distinct enough to require separate description. Many of these are ones which college students would choose if they knew

^{1.} Blake, -- "Guidance in College for Women," Page 56.
2. Myers, -- "The Problem of Vocational Guidance," Page 297.

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^{1.} distre, -- "Hydranos is rolings for moran," ince so.

enough about them. One method of giving the necessary information concerning vocations is the occupation class previously described; a second is the vocational library.

This library service should include books, pamphlets, catalogues of professional and graduate schools, and other material about vocations of interest to college students.

The literature should be easily accessible, not hidden on a shelf in some dusty corner of the library.

In some cases the vocational collections are in the office of the dean; in others, on open shelves near the vocational guidance offices. At Pennsylvania State College the material is kept by the student's committee on vocations, who have a current list of the vocational interests of the students, and send out notices to interested undergraduates when new books are received.1

Wherever the vocational library is located, the person in charge should be as helpful as possible in finding for each individual the material that he wishes. Students should also be led to understand that any information which they may need will be found for them if it is not in the library, or that they will be told where to find it.

MENTAL HYGIENE.

A few colleges provide a hygiene clinic for those students whose adjustment difficulties can be helped by consultation with a psychiatrist.

^{1.} Maverick, -- "The Vocatioan Guidance of College Students,"
Page 59.

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At the University of Minnesota entering freshmen are required to answer a questionaire, the purpose of which is to reveal the student's need for consultation. About twenty-five percent of the students are called into the clinic later.

Additional cases are referred to the psychiatrist by deans and by other advisers. Some students come voluntarily. Many of the students have no very serious nervous problem, but to some of them the conferences are very helpful, and a few come back for further treatment.

The psychiatrist is rapidly being recognized as an important assistant in guidance work. It is he who adjusts the student into an environment which will be conducive to his mental health. He also gives instruction as to the facts and principles of mental health, so that the individual can regulate his life rightly. In order to perform these duties adequately the psychiatrist should be (1) a research worker who studies the signs of mental ill-health in the student body, (2) a consultant of the faculty, always ready to give them advice concerning the students, (3) a leader who can teach the principles of mental hygiene, (4) an adviser who can assist the individual students who need his help.²

^{1.} Maverick, -- "The Vocational Guidance of College Students," p.89

^{2.} Harrington, -- "Mental Hygiene in Colleges, Journal of of Personnel Research," April, 1926, Page 471.

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RESEARCH

Much has been accomplished in college guidance, yet many unsolved problems still remain. For this reason every comprehensive plan should include research.

Inquiry into the organization and admistration of a guidance program is needed. The technique of counselling and placement may be much improved by investigation. There is need for the gathering and evaluating of more occupational information. Inquiry into the significance of intelligence ratings for vocational guidance would be valuable. Some way of determining special aptitudes and obtaining reliable ratings of personality traits needs discovery. There are also many problems to be solved in connection with follow-up work. "The nature of vocational guidance and its relation to business, industrial and professional life are such that it must cultivate the spirit and methods of research."

There are three definite ways of carrying on college guidance research (1) studying the results of past accomplishments with a view to improvement of future work, (2) making surveys within the college, (3) taking part in cooperative research with other colleges.² Informal researches may also be carried on, everyone who is interested in guidance work continuing to study means of improvement. This will result in a constant rechecking of methods, which should help to reveal defects and suggest possible improvement.³

^{1.} Myers, "The Problem of Vocational Guidance," Page 297.

^{2.} Doermann, "The Orientation of College Freshman," P. 119. 3. Brown, "Vocational Guidance in Colleges of Liberal Arts," Page 60.

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VOCATIONAL CONFERENCE

United Sates, Mabelle B. Blake reports that all of the women's colleges and sixty-four co-educational universities have vocational conferences. It is rather lamentable that so many institutions have this type of guidance which is perhaps the least satisfactory, while some of the more important phases of the work are found in a comparatively small number of colleges.

Vocational conferences are held annually, aometimes lasting for a week, sometimes only for a day. The usual procedure is to invite specialists in various occupations to come to the campus to speak concerning their particular field. This method, however, is not entirely successful. It has been found that the speakers are apt to be prejudiced concerning their vocations; that they are apt to infer that their occupation is the only one which affords opportunity or service or for making a living. Again, not knowing what has been said in the lecture before, or what is to follow, they cannot make the talks a sequential unit, the information from which may be connected with the daily college courses.

Unless the lectures are supplemented by group conferences, therefore, they will probably not be taken seriously by the students, nor will very practical vocational information be gained from them.

^{1.} Blake, -- "Guidance in College for Women," Page 35.

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PART IV

HOW COLLEGES AND UNIVERSITIES ARE MEETING THE NEED FOR GUIDANCE.

Parts One and two of this discussion pointed out the needs, aims and principles of college guidance. In Part Three appeared a brief description of the important types of guidance which would appear in an adequate college plan. The Fourth Part will show in what degree the colleges and universities of the country are meeting the need by the use of some of these phases of guidance.

It will readily be noted in the following examples that some of the institutions have adopted nearly all of the different types previously discussed, from the latest character ratings to superficial vocational conferences, while other colleges have established only a few kinds. Again it will be seen that certain phases of guidance, such as placement and interviews appear in many programs, while others, such as occupation classes, appear only occasionally.

The following statistics taken from the previously mentioned questionaire, by Mabelle B. Blake, show clearly the uneven distribution of the different kinds of guidance in colleges, and shows the need for more evenly balanced programs:

78	out	13	11	institutions	have some kind of vocational conference. " placement bureaus. " one member of the faculty appointed
67	11	11	11	H .	to have interviews with sll freshmen. appoint faculty advisers.
27	11	11	11	11	have upper classmen as advisers.
13	tt	11	11	11	some form of occupational class.
37		11		11	" vocational counselling.

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	out			institutions	give some try-out experience. follow up alumnae to some extent. give psychological tests some time during the year.
50	11	11	11	11	keep some records other than academic.
23	11	11	11	31	have some form of centralized admin-
33	11	ff	58	11	istration of guidance. are considering further development.

The following examples of college guidance are chosen to illustrate some of the more adequate plans now being carried out in the institutions of the United States. Unless otherwise noted these guidance programs are taken from Marion D. Brown's VOCATIONAL GUIDANCE IN COLLEGES OF LIBERAL ARTS, which includes plans from both colleges and universities.

MT. HOYOKE

Intelligence tests. Interviews. Placement. Mt.

Holyoke has intelligence tests, individual vocational interviews, on matriculation; an interview for each student with the Dean in the Sophomore year on the choice of a major. A questionaire sent to seniors on vocational plans, calls attention to the placement bureau. A counsellor from the Woman's Educational and Industrial Union of Boston visits the college periodically. Vocational guidance was used at Holyoke even before the modern or organized period.

VASSAR.

Character rating. Interviews. Vocational Bureau.

Vassar College has a Personnel Department which makes an effort
to advise a girl as wisely as possible, and attempts to insure
as accurate an impression as possible of her general intelligence, special abilities, aptitudes, interests, and activities.

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The Vocational Bureau is an informational and advisory center equipped to assist students in their vocational problems before and after graduation. Students in the college may consult with the Bureau frequently in all matters that concern their vocational interests.

Alumnae seeking new opportunities or advancement in their work, as well as those who are interested in finding t their first position, may apply to the Bureau.

PENNSYLVANIA STATE COLLEGE.

Conferences. Interviews. Orientation Courses.

Vocational Library. The Dean of Men has initiated the work for men. The Dean of Women is aided by a student committee on vocational guidance. Early in the freshman year the women receive statements describing the several departments of the college. A required conference with the dean of women on matriculating relates to the choice of a vocation and curriculum. There is a second required conference in the sophomore year, and a final conference in the senior year. During the first three months the dean of women addresses the freshmen once a week on orientation, including vocational topics. A student committee is active in filing and cataloguing the vocational interests of individual students. The college is affiliated with the Intercollegiate vocational Guidance association.

WHITTENBURG COLLEGE.

Intelligence and achievement tests. Interviews.

Placement. Psychological Analysis, Vocational Library.

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The Personnel work is in charge of a director, who teaches half time, and a full time assistant. At the beginning of the first semester the freshmen are given intelligence and achievement tests. The results are recorded on information cards and sent to advisers, who help the students choose their schedules. The teachers work out a profile of the individual through tests, marks, and personality ratings. Personal interviews are held weekly.

Placement is carried on with the aid of alumnae and representatives of different types of industries and business concerns.

Students in need of psychological analysis are given the services of a psychiatrist.1

GOUCHER COLLEGE

Interviews. Placement. Follow-up. Part-time try-outs. Vocational Library. A faculty adviser from the department of social service directs the personnel work through the Bureau of Appointments and Vocational Guidance. He has the help of an alumna who acts as a bond between the college and community.

Interviews are held with students who desire vocational guidance and information concerning professions.

Part*time try-outs chiefly in business and social service are given, in order that vocational choices may be made more wisely.

^{1.} Newberg, -- "Guidance at Whittenburg College," Vocational Guidance Magazine, May, 1929, Page 341.

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A thorough study of the vocational choices of the senior class and follow-up of the whole class is carried on through the first year out of college.

COLGATE UNIVERSITY.

Intelligence, Mental Hygiene and Psychological tests.

Interviews. Placement. Vocational Library.

The personnel work is under the direction of the Associate Professor of Psychology who gives half time to teaching. The headquarters of the department are in the Administration Building, in close touch with the Alumni and Dean's office. A series of mental hygiene, psychological and intelligence tests are given to entering freshmen.

The counselling consists in a series of interviews from freshmen to senior years, in which the students are helped to check themselves on a vocational interest blank and to read on lines of occupational choices.

The placement service, every fall writes to the alumnae in business asking them to give graduates the first choice in openings. It also keeps in close touch with the American Telephone & Telegraph Company, the General Electric Company and others that take college graduates.²

YALE UNIVERSITY

Freshman College. Intelligence tests. Lectures. Interviews. Placement.

The Freshman year is organized as a separate college.

All freshmen take the same course of studies. Each adviser

2. "Vocational Guidance at Colgate University,"
Vocational Guidance Magazine, Nov., 1929, Pp. 77-78

^{1.} Peters .- "The Practice of Vocational Guidance at Goucher Coilege." Vocational Guidance Magazine, Mar., 1927, P.152-

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1. Totage, - "The Fractice of Vocational Intended to Journey List. Dolloge." Vocational University, E.152-187, E.152-18 Volume at College Chiversity,"

has twenty to fourty men, emphasizing personal contact rather than formal advising. Intelligence tests are given. A course of general lectures to freshmen discuss the true value of a college course and the choice of a career. The selection of the major subject is made at the end of the freshman year.

A Bureau of Appointments handles part-time, summer and final placement work, circularizes employers regarding available graduates, has attempted even the placeing of alumni, but soon gave that over to the New York Alumni Association. It is also active in efforts to establish intercollegiate placement bureaus.

UNIVERSITY OF CALIFORNIA.

Intelligence tests. Interviews. Lectures. Placement Research. Vocational Library.

The University of California has vocational advice by the dean of women and a student committee; a series of vocational lectures; vocational literature in the library; a department of vocational education, making surveys regarding employment and conditions for minors; placement, intelligence tests; and a reauired freshman course in orientation, in thought and in scholarship.

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ment. Follow-up. Vocational Library.

Personnel work is in charge of the Director of the Personnel Bureau who has one assistant. All freshmen have

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intelligence tests soon after entrance. The Director of the Personnel Bureau holds interviews with individual students at least once a year throughout the course. Seniors are asked to fill out a questionaire on vocational plans to be used in placement. During the first year out of college alumnae receive a card on which they are asked to note their present occupation or desire for future work. This record is to be returned to the Personnel Bureau. Vocational lectures are given annually by prominant business and professional men. Different groups interested in guidance contribute to the student paper, College News. 1

UNIVERSITY OF MICHIGAN.

Records. Research. Interviews. Placement.

Follow-up. The personnal activities are directed by the executive committee on Vocational Coursel and Placement.

In freshman week each student is assigned to a faculty adviser who is to give him counsel throughout his entire college course. Each adviser has ten students. Problem students are referred to specialists such as the psychiatrist, educational psychologist or physician.

Regular placements are made by the faculty of the department in which the student specializes. Part-time and summer placements are arranged by the Dean and the adviser of women.

At the close of the first year of employment the graduate receives a questionaire concerning his progress, and a letter offering the assistance and counsel of the university.

^{1.} From personal experience as a Wellesley Graduate.

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Research is done in four fields, (1) bibliography on vocational information, (2) preparation of vocational monographs,

- (3) evaluating forms on basis of business and personal policies,
- (4) survey of prominent alumni to collect vocational information from a direct source. 1

UNIVERSITY OF IOWA.

Intelligence tests. Placement. Personal Data. Cooperation with Parents. Personal Supervision.

The department of personnal research cooperates with the registrar's office. The psychologists study the intelligence of entering students by giving tests which determine placement in sections of the freshman courses, and carry forward other personnel studies.

Upon entrance students are required to fill in the student information blank and questionaires on high school experiences and vocational interests. This is supplemented by the "Student Time Chart," on which analysis is made of the activities in which the student engages during the week.

Students in the College of Liberal Arts who are doing unsatisfactory work are placed under the supervision of the Dean of Men and the Dean of Women.

A committee consisting of these two deans, the dean of the college and the registrar, meets every week to discuss individual cases of all types.

^{1.} Parker, -- "Vocational Counsel and Placement at the University of Michigan," Penn. State College Bulletin, May, 1929, Pages 20-27.

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A strong effort is made to know each threatening case thoroughly and, if possible, to notify the parents in advance of disciplinary action. Not only at this point but throughout the administration may be found the effort to establish cooperative contacts with parents.

The College of Liberal Arts makes a great effort to secure individual contacts with the faculty for all students of superior ability, assigning about five to each adviser. No set methods for establishing the contacts are prescribed.

Many different methods are reported by the advisers, and all state that the effort is of value.

From the foregoing examples, it will be seen that there is a growing interest in vocational guidance on the part of colleges and universities. It is also evident, however, that the plans for guidance differ greatly in each institution, and that no final type of organization has yet been established. Programs will naturally vary according to the aims of the individual college, yet, it will be noted that in many of the previous examples there seems to be no definitely unified plan, nor have the elements of a really complete program been worked out. Perhaps the University of Iowa has the most adequate system, including as it does, under the direction of a main personnel office, many important activities of guidance. Certain tendencies in the direction of a complete organization and a comprehensive program, are, however, becoming increasingly evident.

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PART V.

PLANS FOR A COMPREHENSIVE PROGRAM.

In the examples given it is clear that there are few plans in which the guidence work is really unified by having it under the direction of a main office; also, that in many cases guidance does not continue through the entire course, but occurs only intermittently at important crises, such as entrance, and just before graduation.

In order to carry on a really successful program it will be necessary to have a definite organization, involving a central office, whose chief duty is the guidance of students throughout the four years of their course. It is not important whether this office be called the vocational guidance office, the bureau of personnel research, or the personnel office.

The main thing is that its work shall be centralized. In a large university whose several schools have placement service, the work of each should be supervised by the central offices. In work of other advisory bodies should also be coordinated by the office, although certain responsibilities of counselling may be assumed by the office itself.

In the freshman year individual conferences should be held with the students, partly for the purpose of completing their records and partly for advising. The information sought in this interview should be related to the advice received in orientation lectures and earlier college experience.

Some students might ask for vocational counsel as a basis for freshman and sophomore decisions.

^{1.} Myers, -- " The Problem of Vocational Guidance," Page 296.

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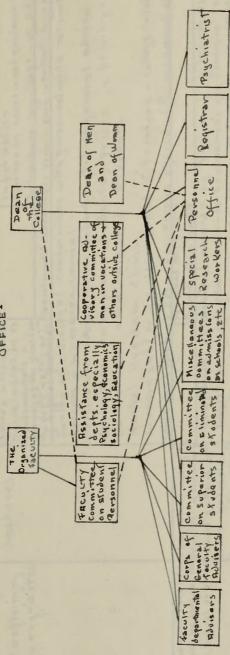
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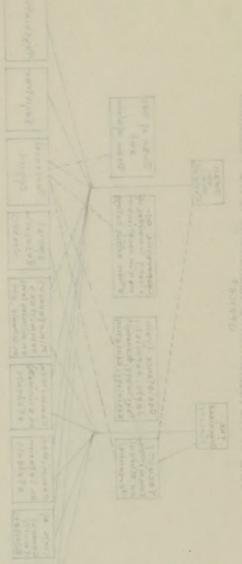
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PLAN OF THE ADMINISTRATIVE RELATIONSHIPS OF THE PERSONNEL



Dashed Lines indicate cooperation in determining Policies Solid Lines indicate authority

of the personnel office



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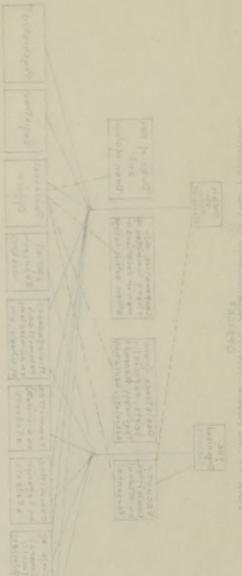


CHART IT

PLAN FOR VOCATIONAL Guidance and Personnel Research for Students progressing through a four year Liberal Arts College

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In the sophomore year the personnel office might give interviews for advice on personal vocation problems, arising as a result of the student's studies in occupation classes.

This organized study of vocations would equip the student to comprehend more specific vocational advice than in his freshman year.

In the senior year the personnel office should interview the student with two purposes in mind, (1) to talk over his educational and vocational plans, (2) to find out whether he will need the aid of the placement service. Following this interview the student might be sent by the personnel office to faculty members or vocational consultants not in the university.1

Lewis A. Maverick, in the skillfully worked out plan from which the foregoing scheme for counselling was taken, presents a possible program first, for the administration of the personnel department, Chart I; second, for the vocational guidance of students through a four year college course, Chart II. Maverick has illustrated in these plans a way by which the best parts of the guidance programs now existing can be combined into an effective working whole.

Under the functions of the personnel office he tests the following activities:

- 1. Cooperation with the committees and officers indicated in Chart I.
 - 1. Maverick, -- "The Vocational Guidance of College Students."

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- 2. Interviewing students to secure information for records and to advise the students.
- 3. The administration of tests, questionaires, ratings, and similar devices.
 - 4. Keeping individual records in condition for ready use.
- 5. Personal and vocational research and cooperation with others involved in research.
- 6. The administration of the class in vocational orientation or cooperation with its instructor, and cooperation with the combined course in college and cultural orientation.
- 7. Advisory relations with the departments of the college with regard to providing counsel before important choices of students, and in the latter part of the senior year.
- 8. Cooperative or advisory relations with the department of education in the preparation of vocational counsellors, and personnel research workers.
- 9. Joint supervision with the dean of the college of the volunteer advisors.
- 10. Joint supervision with the dean of the college of and others, of freshman week, guidance bulletins and other special devices.
 - 11. Direction of the library sheet on vocational literature.
- 12. Placement; if this service is decentralized, then the personnel office should place all students not otherwise provided for, and should coordinate all placement agencies.

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13. Follow-up of graduates in vocations for purposes of research and assistance.1

The carrying out of such a guidance program demands a director with unusual personal and executive qualities, as well as ability for original thought and research. However, he should be assisted in larger institutions by a staff of specialists for the various types of work.

In his plan for the vocational guidance of college students through the four years of their course (Chart II) Maverick combines the types mentioned in Part III of this discussion, and all but one of the guidance functions included in the college plans presented earlier in this section. By arranging the different activities of guidance in their proper places under chronological headings, such as freshman, sophomore or graduate guidance, he has brought together into a logically arranged system, a program which covers not only the entire college course, but pre-entrance and alumni guidance as well.

The activity which Maverick omits in his plan is mentioned only once in the examples of college guidance given.

The University of Iowa seems to be one of a very few institutions which recognizes the importance of the college's cooperation with parents in guidance work. Although there may be some parents of university students who are not capable of giving their sons and daughters sound and experienced advice, there

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are a large number who are well fitted to do so. Many of the parents are themselves business or professional people who are intensely interested in the successful development of their children, and entirely capable of giving them worth while advice, vocationally or otherwise.

When a student enters college, however, the personnel bureau must, to a certain degree, take the place of the parent as adviser. Would it not be desirable, then for the guidance department to enlist the cooperation of the parents? If a student were doing unsatisfactory work it would seem that the parents, with their more intimate knowledge of the individual, might be of assistance in discovering the cause of the failure. Again, if the student came to the personnel office for vocational advice, information from the parents concerning the occupational suggestions already given by them, and the character of the of the individual considered in relation to his chosen occupation, would be valuable.

If the personnel department, therefore, would show a willingness to answer questions and letters from parents concerning the student's progress or other matters of interest, and to ask their advice on similar questions, the student, the parents, and the guidance department would all benefit by this cooperation. The student would receive advice which combined with the best suggestions from the personal judgments of his parents, and the impersonal decisions of the personnal bureau. The parents would be assured of the interest taken in their

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young people, and of the college's desire to respect parental wishes and advice in its counselling. Finally, the personnel bureau would obtain a broadened outlook by its contact by the viewpoints of these parents who represent all the various types of the trades and professions.

In addition to the lack of cooperation with parents, two or three other objections to the present proposed guidance program might be mentioned. One of these is the umpractical nature of that type of orientation class known as cultural. The lectures are related to such bread and inclusive subjects as science, philosophy and human relations, and include the study of social origins, biological evolution and other equally complex subjects. Of just how much real use will such lectures be to incoming freshman?

Before entering college freshmen rarely learn how to study a subject comprehensively so that they see it as a whole, nor do they learn to think and reason a great deal for themselves. Such methods of study are the natural results of the more independent and advanced work done in college. Again, the schedules of first year students are usually very full and often overloaded with required subjects such as mathematics, English, or Psychology. It would seem, then, that freshmen with their inexperience in generalized study and undeveloped reasoning power, can hardly be expected to benefit by a course which includes subjects from evolution to dissection, embraces problems which have floored many a worthy philosopher, and finally, adds another subject to an already weighty program.

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cated a single or consistently so that they are it as a male, and to single a single or consistent as they are they are the sounds of the control of the con

One large woman's college discontinued such a course by popular vote of the faculty and the freshman class. The faculty were of the opinion that the entering classes did not receive enough benefit from the course to justify the amount o of time spent in preparation of the lectures. The freshmen opposed the course first, because it took time which they needed to spend on other subjects; second, because it dealt with many topics which were either of no interest or of little practical use to them.

The argument that this type of orientaion is essential in order to give the student a general survey of subjects which he cannot take in college may be well grounded but not conclusive. A student who is preparing to be a teacher may go to the school of education in a large university, yet he does not need to know what every course in the college covers in order to choose his courses wisely or to become a good teacher. Freshmen have enough problems to amaze and bewilder them in their new surroundings without being confronted with a survey of the whole field of knowledge. If they need information concerning unfamiliar topics or courses, why not let the adviser answer what questions he can, suggest possible reading on the subject, or send the student to someone else who can tell him what he wishes to know. Biological evolution and political science may be excellent subjects in themselves but they are far too broad and complex to fill a practical place in a mind full of freshman mathematics and homesickness.

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There are two other criticisms of college guidance as it exists at present which must be elimination if the work is to be entirely successful. In many institutions guidance is considered simply as a desirable educational theory. The college bulletin devotes a section to it. There is a sign, PERSONNEL BUREAU, on an office door in the Administration Building. A few perfunctory tests and conferences are held. In these activities alone consist the practical application of the theory. Again, in other colleges where more guidance functions are carried on, these activities are made so machine-like and impersonal that they are of little value to individual students.

If guidance in colleges is to be really worth while it must be something besides a mere name. It cannot consist of one or two brief conferences and a filling out of record forms. Altogether too often tests and records are taken during the first week of the course and, after a conference or two, filed away and forgotten. On the other hand, records and ratings are frequently too greatly emphasized, their impersonal results alone being used to declare a student a good or bad mechanic or artist, in much the same manner as Terman's classification labels an individual a moron or a genius.

Adequate guidance recognizes the student as an individual human being. It implies a cooperative relationship between the college and the student, that character and past history may be considered in relation to the college's more

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scientific findings, before advice concerning means of future development is given. The effectiveness of guidance depends in great part in the elimination of all possible machinery and impersonal methods. Advice should be wise, matter of fact and unemotional, yet given in a friendly, sympathetic and unhurried way which will convince the student that the college has a sincere interest in him as an individual.

CONCLUSION.

The purpose of this thesis has been to show the need for guidance in colleges and universities and to point out possible ways of meeting the need.

College students, surrounded by the complexities of university life and faced with various educational, vocational or personal problems must be provided with some kind of direction and counsel. The personnel service provides such guidance by acting as a unifying agency for the different departments, and for all the various activities of college life. Through it the student can get an appreciation of the unity of purpose which the many activities and divisions represent, can attain a more complete understanding of himself, and acquire a better comprehension of the relationship between education and vocation.

Some college authorities are opposed to this kind of guidance. They claim that the college is not an institution which prepares for vocations, but one which gives a liberal education. They believe that counselling with vocational emphasis will spoil culture.

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Vocational guidance attempts to deny this dualism by showing that one way to put more meaning and interest into college study is by recognizing the vocational value of the work. By emphasizing the idea of service rather than scholarship and of cooperative rather than individual culture, this type of guidance purposes to do away with the lack of aim and enthusiasm for studies often found in students, and to give them a cultural sort of vocational guidance.

In order to attain such ideals of service and mutual helpfulness, guidance must always foster in the college an atmosphere of friendliness and cooperation. After all, it is the spirit in which the work is done which counts; a spirit which inspires all to their highest attainments; an unseen force passing from student to professor, from professor to professor, until the whole atmosphere of the college is one which helps the student to face life fearlessly and eagerly, with high ideals of work and living, which will make him a worthy member of society.

SIMMARY.

This thesis has attempted to give a discussion of the necessary factors to be considered in the formation of an adequate guidance program. It shows first the general need for guidance arising from the vast number and complexity of vocations, and the aims of guidance, service to the individual and society, that a clear understanding of the ideals of the movement may be gained, before attacking a specific problem.

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Part II discusses the four important reasons why guidance is needed in colleges, (1) the lack of definite wocational aim among college students, (2) lack of a sufficient number of capable advisers, (3) the complexity of college life, (4) departmentalism and a broadening curriculum. This section also points out the aims of college guidance, four of the most important being, the wise selection of college members and the thoughtful guidance of the rejected, the careful adaptation of incoming students to the college customs, work and living, the training of the individual in the right use of leisure, the instruction of the student in living cooperatively while in college in order that he may be able to work well with others after graduation. A statement of the principles of guidance concludes this part of the thesis, the main emphasis in these tenets being that each student should be guided first, as an individual, second, as a future citizen. He should not. however, have guidance thrust upon him, but should be encouraged to seek it himself.

Part III devotes a brief discussion to each of the important functions of college guidance, namely, pre-entrance guidance, freshman guidance, orientation classes, occupation classes, selecting courses in relation to a chosen vocation, counselling, records, tests, ratings, placement, try-out courses, follow-up, vocational library, mental hygiene, research, and vocational conferences.

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Part TV consists in a presentation of different guidance plans now in use in colleges. These vary in completeness from careful individual supervision of students to superficial vocational conferences. One of the finest of these programs is that of the University of Iowa. This guidance system includes intelligence tests, personal supervision of students, study of personal data, placement, cooperation with parents.

Part V. presents as example of a comprehensive guidance program. Such a plan would involve a central office and a staff of specialists who conduct research in problems of student objectives and adjustment, and give direct advice to students. This head officer may be the dean or an assistant called the director of the personnel office, assistant dean or vocational or educational adviser.

The final paragraphs call attention to the fact that even the most comprehensive program of guidance now existing may be improved by (1) more cooperation with parents, (2) the elimination of unpractical orientation courses, (3) less emphasis on machine-like technique, and more practical, sympathetic, individual counsel.

As these and other criticisms are eliminated, and programs become increasingly comprehensive and practical, college guidance will become a highly fundamental and intensive

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procedure, and will benefit more and more both the individual and the college. The individual will profit by a clearer understanding of himself, his abilities, his educational advantages and his finest vocational self expression. His ideals will become higher. His goals will become clearer. The college, on the other hand, has fulfilled its mission of producing fine, worth while men and women.

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